

HARMONY XL PRO



Harmony XL PRO

Alma Harmony is a powerful, all-inclusive treatment solution for a wide range of aesthetic needs. The multi-application platform uses combined technology for optimal clinical results. Over 65 FDA – cleared indications, including skin remodelling, vascular lesions, pigmented lesions, and more.

New laser treatments offered by OptiVein:



Port Wine Stains



Cherry Angiomas



Spider veins



Telangiectasias



Pigmentation (age related, sun damaged etc.)



Brown Lesions



Cellulite



Skin Tightening on Face & Body



Pore Reduction



Haemangiomas



Superficial and deep telangiectasias



Fine Lines and wrinkles



Double Chins



Muscle and Joint Pain Relief



Arthritis Pain Relief



Vascular Malformations (on face and legs)



Venous Lake



Leg veins



Angiomas



Reticular veins (0.1-3.0mm diameter) of the leg



HARMONY XL PRO



IPL LASER

BEST FOR: Hyperpigmentation, Rosacea, Poikiloderma, Cherry Angiomas, Port Wine Stain, Sun damaged skin (freckles and sunspots), Skin Laxity, Fine Lines and Wrinkles

NUMBER OF SESSIONS: 3-6 sessions with maintenance thereafter

INTERVAL IN- BETWEEN SESSIONS: 2-4 weeks

CONSULTATION	R350
FULL FACE	R2000
NECK	R1100
FACE & NECK	R2500
FACE, NECK & DECOLLETTE	R3200
DECOLLETTE	R1600
HANDS/FEET	R900
LOWER ARMS	R1500
FULL ARM (upper + lower)	R2100
LOWER LEGS	R2500
1 SHOT	R300
4+ SHOTS (pick and place)	R250 each

***Packages for IPL Laser will be discussed with Lizelle during your consultation**

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NIR APPLICATOR

BEST FOR: Tightening and Contouring for Body and Face, Skin Tightening, Pore Reduction, Skin Glow, Temporary relief of Muscle and Joint Pain, Muscular Back pain, Improvement of Skin Laxity

NUMBER OF SESSIONS FOR FACE: 4-6 sessions with maintenance thereafter

NUMBER OF SESSIONS FOR BODY: 6-12 sessions with maintenance thereafter

NUMBER OF SESSIONS FOR CELLULITE: 18-24 sessions with maintenance thereafter

INTERVAL IN- BETWEEN SESSIONS: 1-3 weeks

CONSULTATION	R350
FACE	R1500
NECK	R870
FACE AND NECK	R2100
FACE, NECK & DECOLLETTE	R2500
DECOLLETTE	R1000
HANDS	R600
FEET	R600
LOWER ARMS	R1500
UPPER ARMS	R2050
TARGETED / SMALL AREA	R600
DOUBLE CHIN	R900
CHEST	R1500
ABDOMEN	R1500
LEGS (LARGE GRID AREA)	R1800
LEGS (SMALL GRID AREA)	R950

***Packages for NIR will be discussed with Lizelle during your consultation.**

**Leg grid-area pricing estimated based on your guidance — please confirm.*

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Nd: YAG

BEST FOR: Vascular Lesions such as, but not limited to treatment of: Port Wine Stains, Haemangiomas, Superficial and Deep Telangiectasias, Reticular veins of the legs, Rosacea, Venous Lake, Leg Veins, Spider Veins, Poikiloderma of Civatte, Angiomas, Facial and Leg Veins, Capillary malformations

NUMBER OF SESSIONS: 2-6 sessions with maintenance thereafter

INTERVAL IN- BETWEEN SESSIONS: 4-8 weeks

*Total shots per session are based on the area being treated and this may differ per session.

*R20 per shot, performed by Khaya Seleteng or Lizelle Harriesunker

FACE	R2000 (Average of 100 shots)
NOSE	R950 (Average of 50 shots)
CHEST/ABDOMEN (SMALL GRID AREA)	R500 (Average of 25 shots)
CHEST/ABDOMEN (LARGE GRID AREA)	R800 (Average of 40 shots)
LEGS (LARGE GRID AREA)	R600 (Average of 30 shots)
LEGS (SMALL GRID AREA)	R300 (Average of 15 shots)
HANDS/FEET	R300 (Average of 15 shots)

***Packages for Nd:YAG will be discussed with Khaya or Lizelle during your consultation.**

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SCLASER

* Sclerotherapy and Laser combination

BEST FOR: Varicose Veins and Spider veins

NUMBER OF SESSIONS: 4-6 sessions with maintenance thereafter

INTERVAL IN- BETWEEN SESSIONS: 2-4 weeks

CONSULTATION includes an assessment and vein duplex doppler scan (and veinlite assessment) at the Vein Clinic R650

FIRST SESSION: sclerotherapy R4000

Laser: Charged per shot See above for average prices

FOLLOW UP sclerotherapy cost R3200

Application of anti-inflammatory and circulation cream and massage

GRADUATED POST SCLASER COMPRESSION

Below-knee R750

Above-knee R1227.50

Pantyhose R1227.50

(shown to reduce the risk of pigmentation and improve lymphatic drainage)

Please note, depending on the initial assessment, sclerotherapy only may be done at the first session to cover more areas. This will be individualised.

* Once the sclerosant is injected the area will be compressed. Graduated medical compression is placed immediately after the procedure. The graduated compressions will be supplied post session.

HARMONY XL PRO



LEG MAKEOVER

Flow & Glow

Ensure your veins are flowing and your legs are glowing! From skin to muscle we look at the legs — the skin, the veins, the fat, the fluid — and try to optimise each area.

LEG MAKEOVER CONSULTATION

Leg review, with photos, an ultrasound scan and a Leg Plan R800

(Please note this is for cosmetic veins — if deeper vein problems are detected you will be referred to the Vein Clinic)

ASSESS — See beneath the surface.

Elastography is a specialised, ultrasound-based scan that measures the strength and laxity of your adipose (fat) tissue — giving us a clear baseline before treatment begins. It helps us see beneath the surface, so your Leg Makeover plan is built around what's really happening in the tissue, not guesswork.

Tissue Assessment (Elastography) POA

VEIN TREATMENTS

Sclerotherapy

First session R4000

Follow up 2nd & 3rd sessions R3800

Follow up 4th or more sessions R3600

SCLEROTHERAPY PACKAGES

- ✓ Book 3 treatments upfront for R10,600 (save R1000)
- ✓ Book 4 treatments upfront for R14,000 (save R1200)

PROTECT — Compress. Support. Recover.

Medical-grade compression stockings gently support your legs after treatment — helping to reduce swelling, ease discomfort and support healing.

Below-knee R750

Above-knee R1227.50

Pantyhose R1227.50

Vein Supplements: Circulation, Antioxidant and Elastin Combo

Vein Creams: Circulation and Elastin

LYMPHATIC TREATMENTS

Compress. Circulate. Refresh.

Biocompression uses gentle, rhythmic pressure to support lymphatic drainage and circulation — helping to reduce fluid retention, ease heaviness in the legs and enhance recovery after treatment.

Biocompression pumping (30 minutes, 45 minutes or 1 hour)

R450

One standard rate, regardless of session length.

PIGMENTATION TREATMENTS

Clear the surface. Reveal your glow.

Targeted laser treatment lifts pigmentation and sun damage for brighter, more even-looking skin, paired with home-care guidance and a pigmentation cream to help maintain your results between sessions.

Laser + advice on home care

Pigmentation cream

TISSUE TREATMENTS (uneven skin, cellulite, swelling)

Smooth. Firm. Renew.

NIR uses controlled energy to target uneven texture, cellulite appearance and skin laxity, while Biocompression supports circulation and helps reduce swelling — working together for a smoother, more even finish.

NIR

Biocompression (see above)

FACE — FLOW & GLOW

VEINS

Target. Treat. Refine.

Nd:YAG and Dye VL laser target visible facial veins and vascular redness, refining the skin's appearance with no downtime.

Nd:YAG laser

see Nd:YAG pricing

Dye VL (IPL)

see IPL pricing

PIGMENTATION

Clear the surface. Reveal your glow.

Laser treatment lifts pigmentation and sun damage for brighter, more even-looking skin.

Laser

see IPL pricing

PUFFINESS / SMOOTHING

Firm. Smooth. Refine.

NIR gently tightens and smooths the skin, reducing the appearance of puffiness for a firmer, more refreshed look.

NIR

see NIR pricing

COMING SOON — LASER + PRP

Regenerate. Tighten. Refine.

Laser treatment first, followed by PRP — the recommended sequence per Dr Tjasink. Full protocol and pricing to follow.

ENHANCE YOUR TREATMENT WITH ADD-ONS

Collagen IntraVenous Drip

Vein IntraVenous Drip

Biocompression for detox, lymph pumping and enhancing healing

Home care packages of creams and supplements

Ask our front desk for specials